

# **The new era of digital health - opportunities and regulatory challenges**

**Nikolas Gregor PTMG@home, 8th October 2020**

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# Agenda

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1. The opportunities of digital health
2. Regulatory challenges part I: Qualification as a medical device
3. Regulatory challenges part II: Classification and consequences
4. Regulatory challenges part III: Artificial intelligence and safety assessment
5. Regulatory challenges part IV: Reimbursement
6. A few words on IP

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# What is digital health?

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*"Application of **data** to the delivery of healthcare, using **computational and telecommunications technologies** to support **business** process workflow, **clinical** workflow, and **patient data management**"*

Frost & Sullivan

## Hospital management software



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# Practical examples

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## Electronic health record



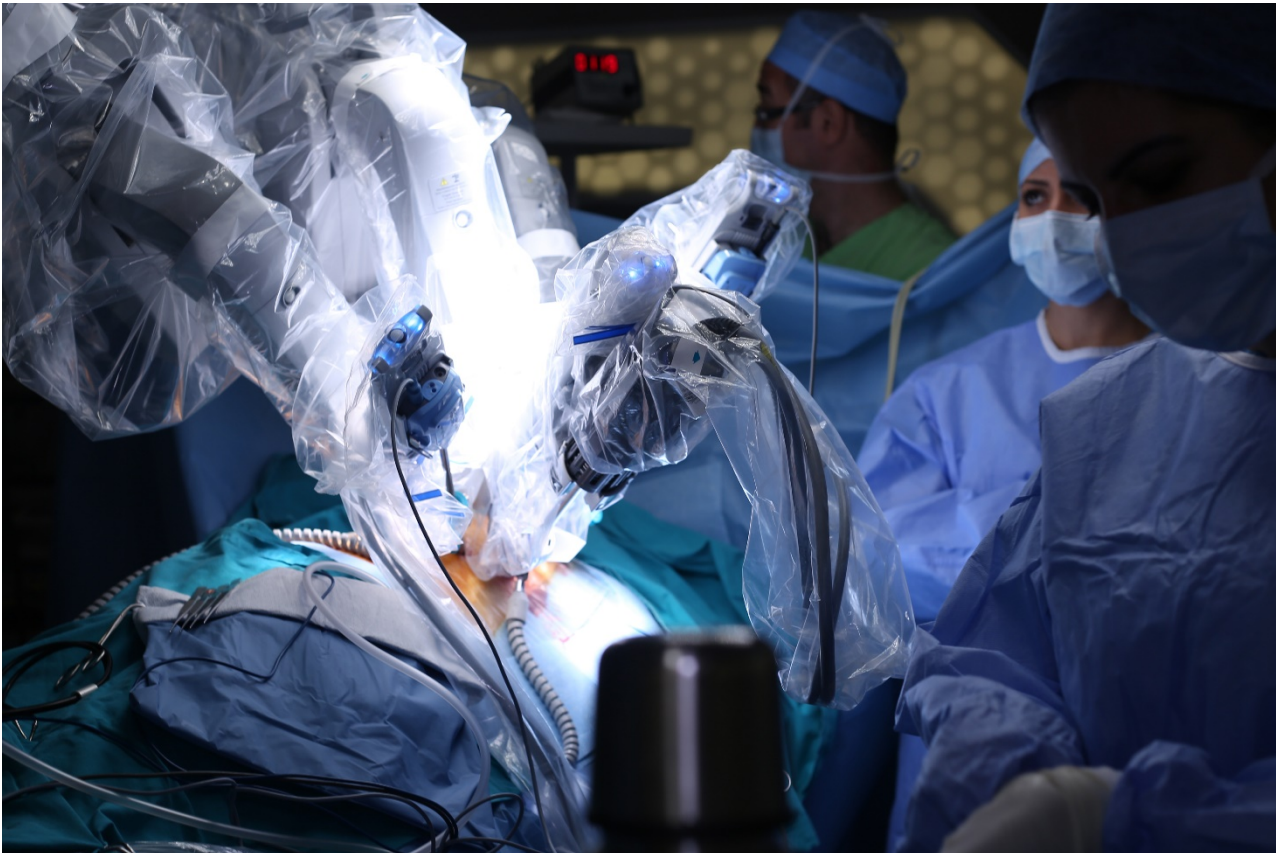


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# Practical examples

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## Robotics



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# Practical examples

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## Telemedicine



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# Practical examples

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## Clinical decision support systems (CDSS)





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# Practical examples

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## Medical apps



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# Practical examples

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## Medical apps: AliveCor



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# Practical examples

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## Medical apps: ADA



Hi, I'm Ada.  
I can help if you're  
feeling unwell.

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# Opportunities of digital health

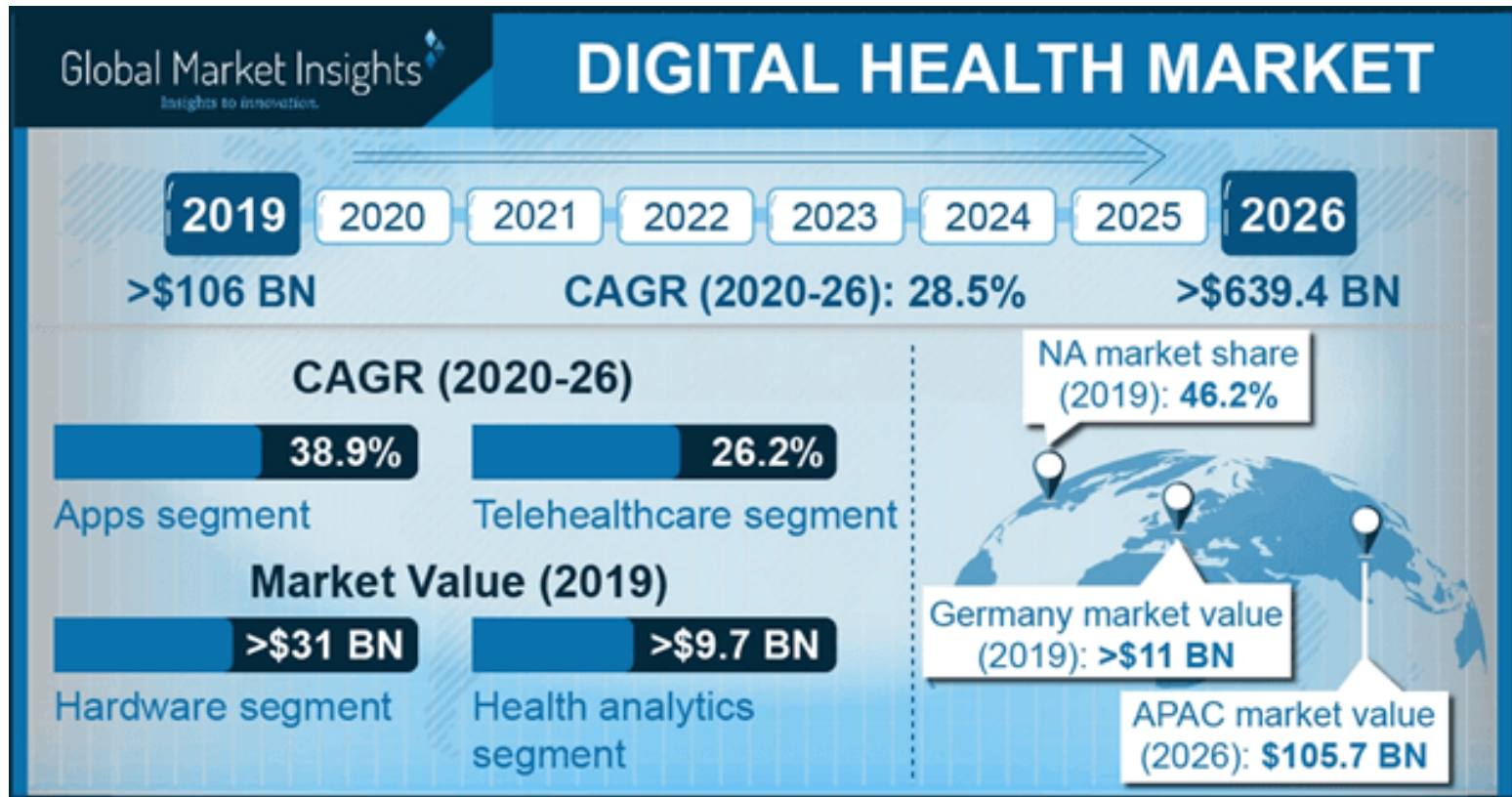
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# Opportunities of digital health

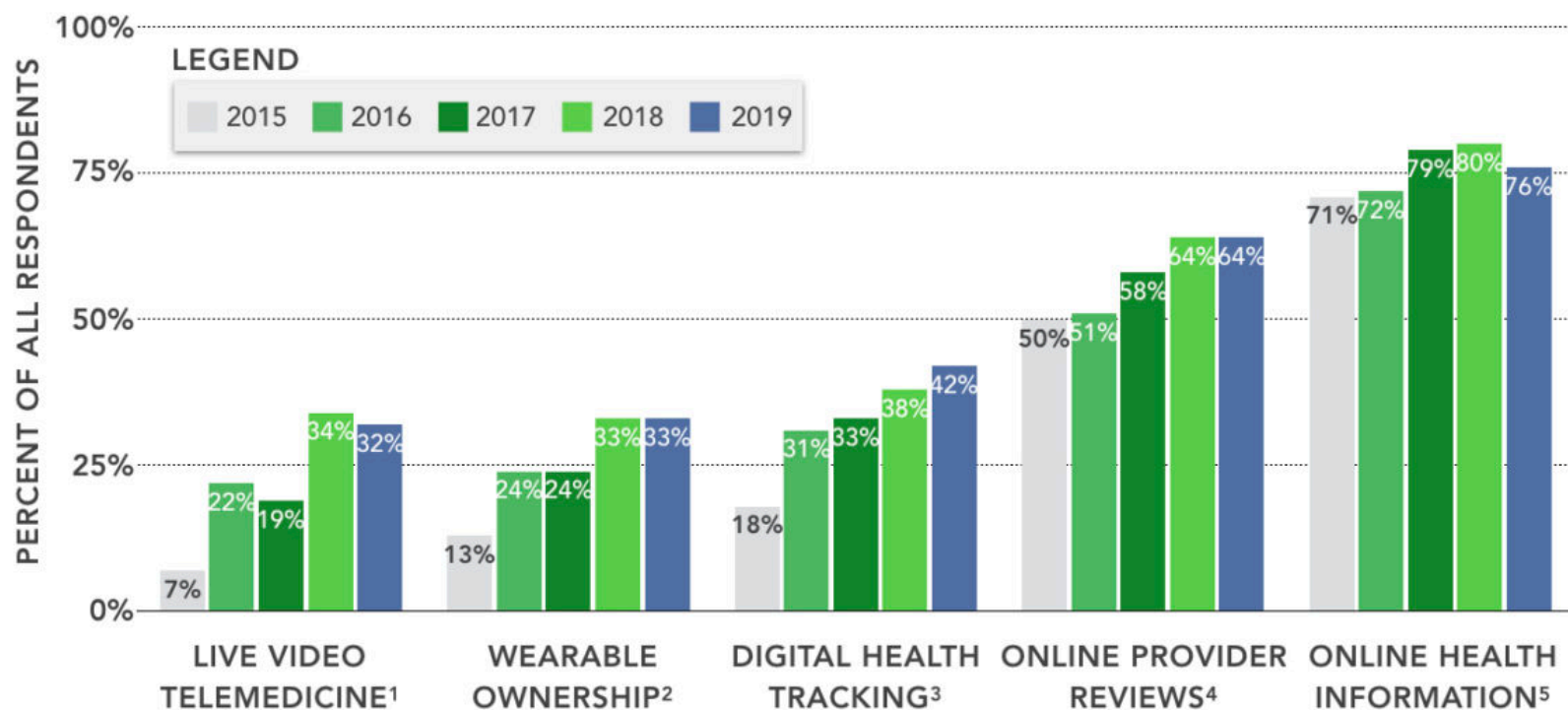
A field of constant growth...



Source: Ugalmugle/Swain, Digital Health Market Size By Technology, Industry Analysis Report, Global Market Insights, June 2020

# Opportunities of digital health

## ADOPTION OF DIGITAL HEALTH TOOLS 2015-2019



Source: Rock Health Digital Health Consumer Adoption Survey (n2019 = 4,000; n2018 = 4,000; n2017 = 3,997; n2016 = 4,015; n2015 = 4,017)

Rock Health and the Stanford Center for Digital Health, *Digital Health Consumer Adoption Report 2019*

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# Challenges Part I: Qualification as a Medical Device

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## Article 1(2)(a) Medical Devices Directive:

"Medical device" means any instrument, apparatus, appliance, software, material or other article, whether used alone or in combination (...) **intended by the manufacturer** to be used for human beings **for the purpose of:**

- diagnosis, prevention, monitoring, treatment or alleviation of disease,
- diagnosis, monitoring, treatment, alleviation of or compensation for an injury or handicap,
- **investigation, replacement or modification of the anatomy or of a physiological process,**
- control of conception,

and which does **not achieve its principal intended action in or on the human body** by pharmacological, immunological or metabolic means, but which may be assisted in its function by such means.



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# Challenges Part I: Qualification as a Medical Device

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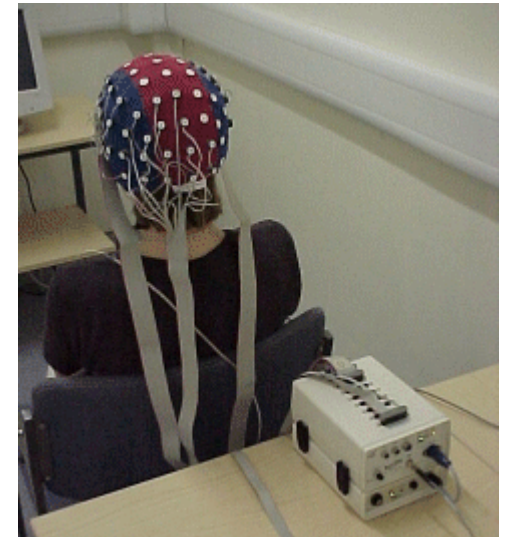
European Court of Justice, 22 November 2012, C-219/11,  
*Brain Products vs BioSemi*

➤ **Case:**

- System 'ActiveTwo' to record human brain activity
- According to manufacturer: No medical purpose
- But: Use for medical purposes possible

➤ **Question:**

*Does a product constitute a medical device only in the case where it intended for a **medical purpose**?*



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# Challenges Part I: Qualification as a Medical Device

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➤ **Answer: Yes.**

➤ Recital 6 on software, added in 2007:

- i. Software is a medical device when *intended* by the manufacturer for a medical purpose
- ii. Software for general purposes is not a medical device even if used in a medical context

➤ 'Non-software devices' and 'software' to be treated equally.

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# Challenges Part I: Qualification as a Medical Device

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# Challenges Part I: Qualification as a Medical Device

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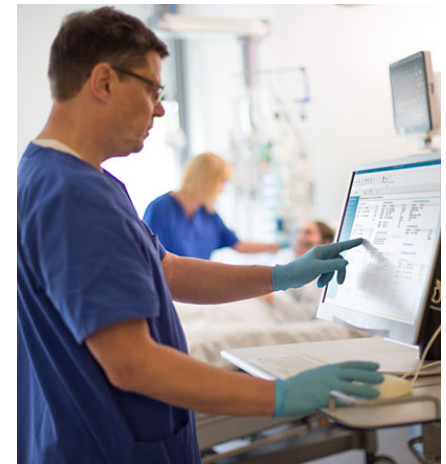
European Court of Justice, 7 December 2017, C-329/16, *Philips and Snitem vs France*

➤ **Case:**

- Philips' "IntelliSpace Critical Care and Anesthesia": Hospital management software, especially treatment surveillance, for the ICU
- One function: detection of contraindications, drug interactions and excessive doses

➤ **Question:**

*Medical device although it does not itself act in or on the human body?*





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# Challenges Part I: Qualification as a Medical Device

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➤ **Answer: Yes.**

*"Software, of which at least one of the functions has a medical purpose, is, in respect of that function, a medical device, even if that software does not act directly in or on the human body."*

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# Challenges Part I: Qualification as a Medical Device

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## ➤ **Result:**

- Normally: Two cumulative conditions: (1) Objective pursued and (2) action resulting therefrom.
- For software:
  - Only objective is decisive, not the manner in which the effect is being produced (on/in the body or not).
  - Objective must be specifically medical.

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# Challenges Part I: Qualification as a Medical Device

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## **Medical Device**

Medical Device Coordination Group Document

MDCG 2019-11

### **MDCG 2019-11**

**Guidance on Qualification and Classification  
of Software in Regulation (EU) 2017/745 – MDR  
and Regulation (EU) 2017/746 – IVDR**

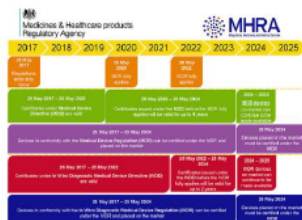
**October 2019**

# Challenges Part I: Qualification as a Medical Device

## Guidance:

Medical device stand-alone software including apps (including IVDMDs)

New regulations to replace the current regulatory system have now 'entered into force'. We have produced an Introductory Guide to new medical device regulations:



This guidance applies to the current regulatory framework - new regulations may result in changes to the classification criteria for software medical devices.

[Click for next page](#)

For full functionality, this document is best viewed in Acrobat reader.



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# Challenges Part I: Qualification as a Medical Device

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*Contains Nonbinding Recommendations*

## **Policy for Device Software Functions and Mobile Medical Applications**

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### **Guidance for Industry and Food and Drug Administration Staff**

Document issued on September 27, 2019.

Document originally issued on September 25, 2013.

This document supersedes “Mobile Medical Applications” issued February 9, 2015.



U.S. Department of Health and Human Services  
Food and Drug Administration  
Center for Devices and Radiological Health  
Center for Biologics Evaluation and Research

# Challenges Part I: Qualification as a Medical Device



Hi, I'm Ada.  
I can help if you're  
feeling unwell.

Standalone  
software

Medical  
purpose?

Further  
questions

Software



Incorporated in  
a medical  
device  
= component



In combination  
with a medical  
device

Enables  
function of  
device  
= accessory

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# Challenges Part I: Qualification as a Medical Device

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# Regulatory challenges part II: Classification and consequences



## Directive 93/42/EEC on medical devices

- Registration of manufacturer and device
- Conformity assessment (i) by manufacturer or (ii) by notified body
- Quality management system
- Labeling requirements
- Post-market surveillance

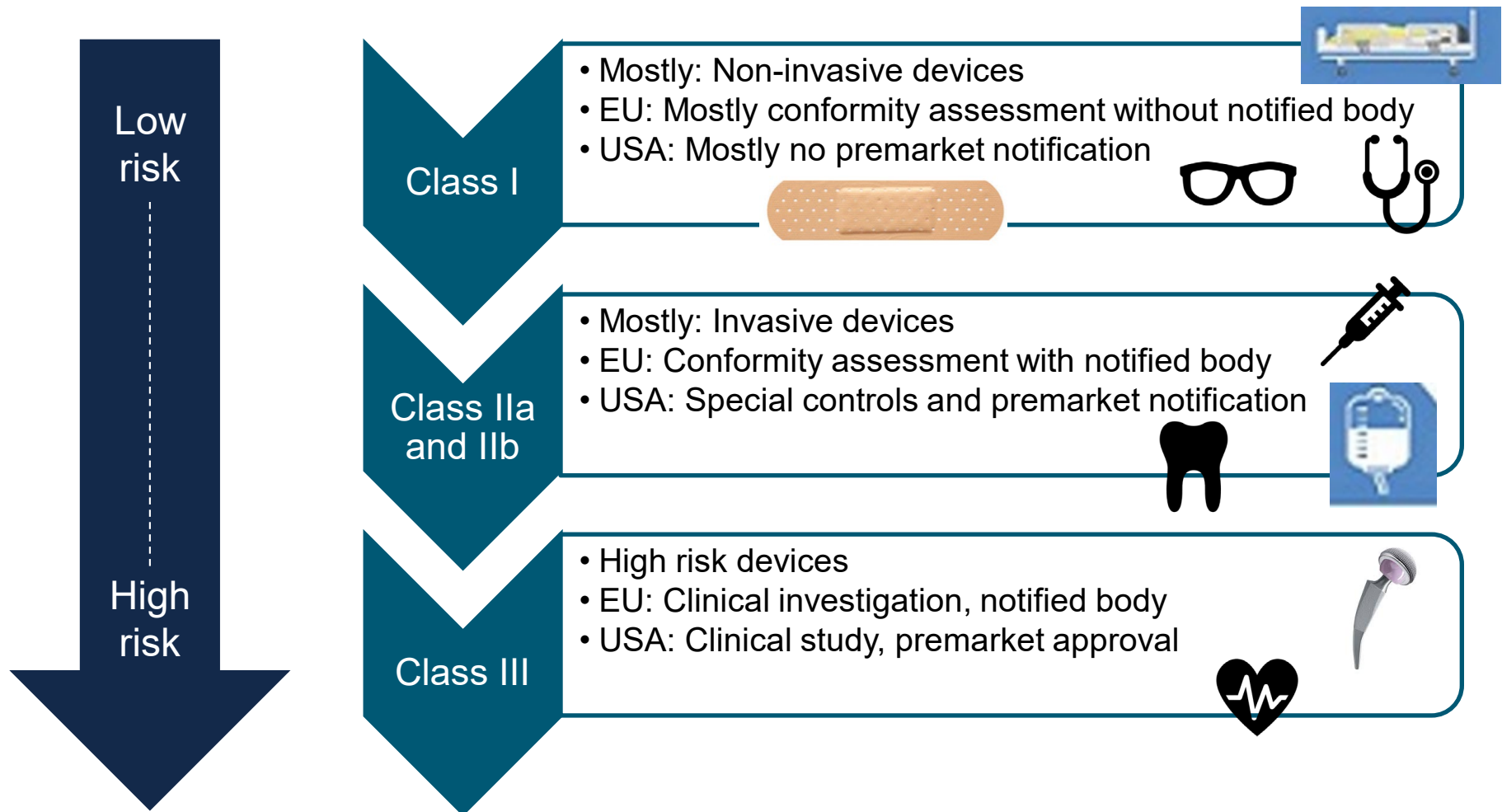


## FDA

## Federal Food, Drug, and Cosmetic Act

- Establishment registration
- Medical device listing
- (i) Premarket approval or (ii) premarket notification based on substantial equivalence (unless exempt)
- Quality system regulation
- Labeling requirements
- Medical device reporting

# Regulatory challenges part II: Classification and consequences



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# Regulatory challenges part II: Classification and consequences

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(MDR)

- Major game changer: **MDR**

REGULATION (EU) 2017/745 OF THE EUROPEAN PARLIAMENT AND OF THE COUNCIL

of 5 April 2017

on medical devices, amending Directive 2001/83/EC, Regulation (EC) No 178/2002 and Regulation (EC) No 1223/2009 and repealing Council Directives 90/385/EEC and 93/42/EEC

(Text with EEA relevance)

- In force since 25 May 2017, applicable from **26 May 2021**  
(postponed by 1 year due to COVID19 pandemic)



## **Selection of important areas of change:**

- New classification rules
- Vigilance and market surveillance
- Responsible person
- Registration, UDI, EUDAMED
- Clinical evaluation
- UAAs by notified bodies and authorities

## Software under the MDR: "The classification nightmare"

- Current rule:
  - Software = active medical device
  - Roughly: Software is in class IIa/IIb if it is intended to
    - control or monitor the performance of active therapeutic or diagnostic devices in Class IIa/IIb,
    - allow direct diagnosis or monitoring of vital physiological processes,
  - All others: Class I
  - Medical apps: mostly class I

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# Regulatory challenges part II: Classification of medical software

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## ➤ **New: Rule 11**

- Generally: Software intended to provide information used to take decisions with diagnostic or therapeutic purposes = class IIa
- If decisions have impact potentially causing
  - death or permanent deterioration of health = class III
  - a serious deterioration or surgical intervention = class IIb
- Monitoring physiological processes = class IIa / class IIb

## ➤ **Consequence: All medical apps need conformity assessment by Notified Body**

- Software without certificate under MDD can no longer be marketed. Only software already legally on the market can be sold until 27 May 2025.

# Regulatory challenges part II: Classification of medical software

## Bottle neck problem:

- So far: 52 notified bodies to certify software
- Under MDR:

### Bodies

Found : 17

Search criteria :

Legislation :	Regulation (EU) 2017/745 on medical devices
Procedure /	
Article or annex :	<input type="text" value="ALL"/>
Products :	<input type="text" value="MDA 0315 Software"/>
Horizontal technical competence :	<input type="text" value="ALL"/>
<input type="button" value="Search"/>	

Withdrawn/Expired/Suspended Notifications/NBs are not displayed in this list, you can find them in the Body module under the hyperlink "[Withdrawn/Expired/Suspended Notifications/NBs](#)"

Body type ▲	Name ▲	Country ▲
▶ NB 2265	<a href="#">3EC International a.s.</a>	Slovakia
▶ NB 0086	<a href="#">BSI Assurance UK Ltd</a>	United Kingdom
▶ NB 2797	<a href="#">BSI Group The Netherlands B.V.</a>	Netherlands
▶ NB 2409	<a href="#">CE Certiso Orvos- és Kórháztechnikai Ellenőrző és Tanúsító Kft.</a>	Hungary
▶ NB 1912	<a href="#">DARE!! Services B.V.</a>	Netherlands
▶ NB 0344	<a href="#">DEKRA Certification B.V.</a>	Netherlands
▶ NB 0124	<a href="#">DEKRA Certification GmbH</a>	Germany
▶ NB 2460	<a href="#">DNV GL Presafe AS</a>	Norway
▶ NB 0297	<a href="#">DQS Medizinprodukte GmbH</a>	Germany
▶ NB 0459	<a href="#">GMED</a>	France
▶ NB 0051	<a href="#">IMQ ISTITUTO ITALIANO DEL MARCHIO DI QUALITÀ S.P.A.</a>	Italy
▶ NB 2862	<a href="#">Intertek Medical Notified Body AB</a>	Sweden
▶ NB 0483	<a href="#">MDC MEDICAL DEVICE CERTIFICATION GMBH</a>	Germany
▶ NB 0482	<a href="#">MEDCERT ZERTIFIZIERUNGS- UND PRÜFUNGSGESELLSCHAFT FÜR DIE MEDIZIN GMBH</a>	Germany
▶ NB 0050	<a href="#">National Standards Authority of Ireland (NSAI)</a>	Ireland
▶ NB 0197	<a href="#">TÜV Rheinland LGA Products GmbH</a>	Germany
▶ NB 0123	<a href="#">TÜV SÜD Product Service GmbH Zertifizierstellen</a>	Germany

### **FDA approach: Focus of regulatory oversight vs. enforcement discretion**

- 1) Software for supplemental clinical care, by coaching or prompting, to help patients manage their health in their daily environment
- 2) Software providing easy access to information on patients' health conditions or treatments
- 3) Software helping patients communicate with healthcare providers
- 4) Software functions that perform simple calculations routinely used in clinical practice

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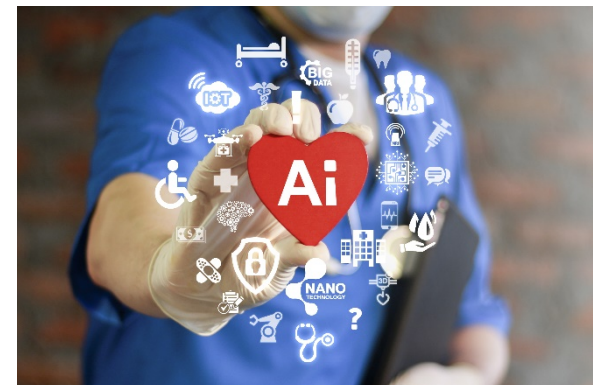
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# Regulatory challenges part III: Artificial intelligence

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## What is artificial intelligence?

- Algorithms build their own statistical models based on sample data, known as "training data", by identifying patterns ("machine learning")
- Deductive application of such "machine rules" in order to make predictions or decisions without being explicitly programmed to perform the task
- Programmers cannot predict outcome, "black box"





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# Regulatory challenges part III: Artificial intelligence and safety assessment

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## Examples:

### 1) ADA

- AI based Chatbot
- Poses a series of questions that are personalized by its algorithm based on the responses from each user
- It then uses that information to suggest possible health issues and next steps, e.g. making an appointment



Hi, I'm Ada.  
I can help if you're  
feeling unwell.

# Regulatory challenges part III: Artificial intelligence and safety assessment

## Examples:

### 2) Viz.AI Contact

- AI algorithm to analyze CT brain images for indicators of stroke
- Notifies neurovascular specialist with a text message if a large vessel blockage has been identified
- Final diagnosis still made by specialist
- Approved by FDA in February 2018

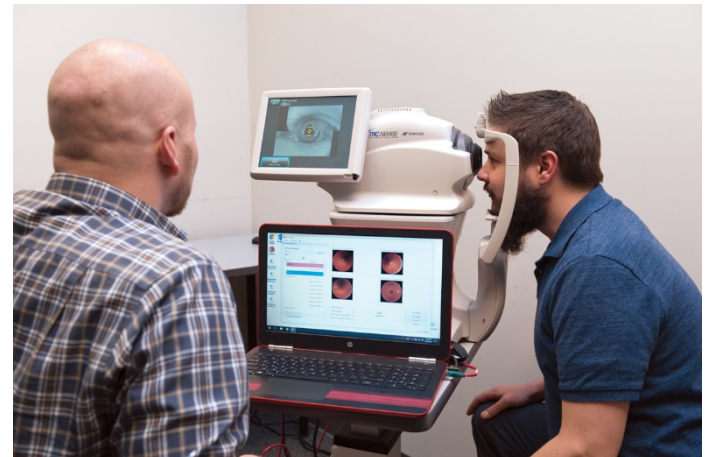


# Regulatory challenges part III: Artificial intelligence and safety assessment

## Examples:

### 3) IDx-DR

- AI algorithm to analyze eye images to detect greater than mild level of diabetic retinopathy (common cause of vision loss of diabetes patients)
- Screening can be made by non-eye specialist
- Screening decision without the need for a clinician to also interpret the image or results
- Approved by FDA in April 2018



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# Regulatory challenges part III: Artificial intelligence and safety assessment

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MDR: Annex I, no. 17

- Software must be designed to ensure repeatability, reliability and performance in line with their intended use
- Software shall be developed and manufactured in accordance with the state of the art, taking into account the principles of development life cycle, risk management, including information security, verification and validation

**How can repeatability, reliability and performance as well as verification and validation be ensured for "black box AI"??**

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# Regulatory challenges part III: Artificial intelligence and safety assessment

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- Current solution (FDA): **"Locked algorithms"**
  
- FDA paper of April 2019: **"Total product lifecycle (TPLC) regulatory approach"**
  - 1) Quality Systems and Good Practices
  - 2) Initial Premarket Assurance
  - 3) Approach for modifications after initial review
  - 4) Transparency and real-world performance monitoring
  
- EU: **White Paper on Artificial Intelligence**, February 2020
  - Application of the existing legal framework
  - Amending this framework for high-risk applications: training data; data and record-keeping; information to be provided; robustness and accuracy; human oversight; specific requirements for certain particular AI applications, such as those used for purposes of remote biometric identification

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# Regulatory challenges part IV: Reimbursement

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## Medical apps paid by health insurance?

- Germany: Digital Healthcare Act of December 2019
- Reimbursement of digital medical devices (class I and IIa)
- Basic requirements
  - ✓ Inclusion in the directory for digital health applications by BfArM
  - ✓ Prescription (or permission)
- "Live" since April 2020

## A "world's first"?





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# Regulatory challenges part IV: Reimbursement

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## Digital Healthcare Act of December 2019

- Requirements and process:
  - ✓ Applicant must prove:
    - App's safety, quality and usability
    - Data privacy
    - Positive effects on care
  - ✓ Fast track: Assessment by BfArM within 3 months
  - ✓ If positive effects cannot yet be proven: Preliminary approval for max. 24 months and separate evaluation
  - ✓ In case of definitive inclusion in the list: Price negotiations between manufacturer and the National Association of Sick Funds

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# Regulatory challenges part IV: Reimbursement

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## **Digital Healthcare Act of December 2019**

- Currently: 22 complete applications with BfArM (including ADA)
- First list to be published by the end of September 2020 (?)

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## A few words on IP

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### **Protection of software and AI inventions**

- Software usually protected by copyright (source code)
- Mathematical methods (algorithm) excluded from patentability
- But: If claim relates to a method involving use of a device, invention is of technical nature → causal link to a technical purpose
- Who is the inventor in case of AI-derived inventions?
  - Principle of human creation
  - Change in the law necessary
    - Programmers of AI software?
    - Persons feeding software with data?
    - Company which funded the software? Company which owns it?

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## A few words on IP

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### Protection under trade mark law

- Registration for "computer software": Too broad and contrary to the public interest? Bad faith?
- **ECJ, judgment of 29 January 2020, case C-371/18 – Sky vs SkyKick**
  - ✓ Trade mark cannot be declared invalid because of lack of clarity and precision
  - ✓ Bad faith cancellation for lack of any intent to use is (only) possible if apparent that the owner filed with the intention of undermining the interests of third parties, or of obtaining an exclusive right for purposes other than those falling within the functions of a trade mark.

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